

# CAROUSEL MENU

## Autumn / Winter 2018

### WEEK 1

M O N D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Fish fingers, potato bites & peas
	Dessert	Yoghurt with fruit
	Dinner	Chicken curry & rice
	Dessert	flapjacks
T U E S D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Mediterranean tomato pasta
	Dessert	Strawberry & coconut tarts
	Dinner	Mince pie, mash & seasonal veg
	Dessert	Ice cream & jelly
W E D N E S D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Jacket potato served with a choice of toppings
	Dessert	Rice pudding
	Dinner	Chicken quesadilla's, doritos and salsa
	Dessert	Yoghurt and fruit
T H U R S D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Lasagne and crusty bread
	Dessert	Fruit salad
	Dinner	Muffin pizza and side salad
	Dessert	Banana loaf
F R I D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Cowboy surprise (sausages, beans, veg & mash)
	Dessert	Strawberry sundae
	Dinner	Pasta with choice of sauce and vegetable sticks
	Dessert	Oatmeal and raisin cookie

### WEEK 2

M O N D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Pasta with selection of sauces
	Dessert	Banana loaf
	Dinner	Mince and tatties with seasonal veg
	Dessert	Yoghurt and fruit
T U E S D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Caribbean chicken and cous cous
	Dessert	Fruit salad
	Dinner	Stovies with oat cakes
	Dessert	Apple cake
W E D N E S D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Fish fingers, fried and beans
	Dessert	Banana split
	Dinner	Steak pie, roast potatoes and seasonal veg
	Dessert	Thumbprint cookies
T H U R S D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Sausage rolls, sweet potato fries with beans
	Dessert	Angel delight
	Dinner	Mexican chicken and couscous
	Dessert	Crispy cake
F R I D A Y	Lunch – Option 1	Homemade soup and sandwiches
	Lunch – Option 2	Roast beef with potato and trimmings
	Dessert	Melon boat
	Dinner	Muffin pizza and side salad
	Dessert	Fruit shortcakes

Salad bar  
available

The EU legislation has listed 14 allergens that need to be identified if they are used as ingredients in a dish. As a food business serving non packaged foods we will supply information for every item on our menu that contains any of the 14 allergens. The 14 allergens are Celery, Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame Seeds, Soya and Sulphur Dioxide.

Seasonal  
vegetable  
available

# CAROUSEL MENU

## Autumn / Winter

### WEEK 3

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Sloppy joes on a bun with seasonal veg  
Dessert                    Angel delight  
Dinner                    Sausage rolls, chips and beans  
Dessert                    Cookie

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Hunters chicken and couscous  
Dessert                    Fruit salad  
Dinner                    Spaghetti bolognaise with garlic bread  
Dessert                    Melting moments

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Cottage pie with veg  
Dessert                    Bananas and custard  
Dinner                    Chicken curry and rice  
Dessert                    Apple cake

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Cheesy sausage pasta with crusty bread  
Dessert                    Apple donuts  
Dinner                    Fish fingers with chips and peas  
Dessert                    Yoghurt

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Chicken and leek pie with potato bites and veg  
Dessert                    Strawberry sundae  
Dinner                    Topped jackets with a choice of fillings  
Dessert                    Banana loaf

### WEEK 4

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Spaghetti bolognaise with garlic bread  
Dessert                    Yoghurt and fruit  
Dinner                    Cowboy Surprise  
Dessert                    Melting moments

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Chicken strips, chips and green beans  
Dessert                    Jelly and fruit  
Dinner                    Fish fingers with wedges and peas  
Dessert                    Lemon drizzle cake

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Tuna pasta and vegetable sticks  
Dessert                    Banana Loaf  
Dinner                    Stovies and seasonal veg  
Dessert                    Angel delight

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Sloppy Joes on a a bun with wedges  
Dessert                    Custard and fruit  
Dinner                    Pizza swirls and side salad  
Dessert                    Apple sponge cake

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Lunch – Option 1    Homemade soup and sandwiches  
Lunch – Option 2    Sausage and mash with seasonal veggies  
Dessert                    Blueberry muffin  
Dinner                    Pasta with selection od sauces  
Dessert                    yoghurt

Vegetarian  
options  
available

We are aware of children's dietary requirements and have these recorded to ensure the safety of the child.

If you would like a breakdown of the allergens please ask staff or cook

All meals  
served are  
homemade